

BETTER TOGETHER/SUSTAINABLE FAMILIES COALITION - BEHAVIORAL HEALTH LOCAL PROVIDER DIRECTORY

Service Provider	Address	Contact	Title	Contact #	Email	Client Focus	Area of Expertise	Years of experience	Insurance plans accepted	Sliding Scale Fee	Waiting list / wait time
Changing Directions Therapy, PLLC	420 E. Camino del Pinsapo Sahuarita, AZ 85629	Elena Sassard, LCSW	Owner Therapist	520-981-7847	changingdirectionstherapy@gmail.com	Adolescents 14+, Adults, Seniors	Adult therapy, Terminal Illness Grief	13+	BCBS, Aetna, Tricare, Cigna, Medicare, Meritain, and more	Yes	Limited a.m. availability
Community Health Associates	275 W Continental Rd. Ste 141 Green Valley, AZ 85614	Galen Barnes		520-626-4000	gbarnes@chaarizona.com	Children, adolescents, adults and families	Committed to providing services in the least restrictive environment.		AHCCCS and other private insurance	Yes	
Community Health Associates	275 W Continental Rd. Ste 141 Green Valley, AZ 85614	Celia Copeland		520-626-4000	ccopeland@chaarizona.com	Children, adolescents, adults and families	Committed to providing services in the least restrictive environment.		AHCCCS and other private insurance	Yes	
Community Health Associates	275 W Continental Rd. Ste 141 Green Valley, AZ 85614	Whitney Schmidt		520-626-4000	wschmidt@chaarizona.com	Children, adolescents, adults and families	Committed to providing services in the least restrictive environment.		AHCCCS and other private insurance	Yes	
Joan Linder	246 West Calle De Estribo Sahuarita, AZ 85626	Joan Maree Linder, M.A, LPC	Licensed Professional Counselor	520-661-2174	joanmlinder@cox.net	Adults & Seniors (65+)	Depression, anxiety, life and relationship transitions, grief/loss, addiction, spirituality.	20+	Most insurance plans accepted	Yes	
Steven Maron MD		Steven Maron MD	Physician and Hypnotherapist		smaron5202@aol.com	Children, adolescents, adults and seniors	Hypnotherapy as treatment for anxiety, phobias, smoking cessation, overeating, habit and behavior modification, chronic pain or other conditions amenable to hypnosis as determined on consultation with the client.	Certified in 2010	None	Yes. First introductory session is free	None
Norma A. N. Mayer	290 W Calle De Las Tiendas Green Valley, AZ 85614	Norma A. N. Mayer, MA, LPC	Licensed Professional Counselor	520-625-3713	norma@normamayer.com	Children (5-12), Adolescents, Family, Marriage	Speaks Spanish	22	BCBS, Aetna, United Healthcare, Cigna, Tricare, Maritain Health, Health Net	Case to case basis	1 month
Mindful Choice Institute	210 W. Continental Rd #216B Green Valley, AZ 85622	Georgina Rotzler, DNP, APRN, PMHNP	Psychiatric Nurse Practitioner	520-595-3841	https://www.mindfulchoiceinstitute.com/contact	Children 6+, Preteens, Adolescents, Adults, Seniors	Speaks Spanish	5	Most insurance plans accepted	Yes	None
Palo Verde Behavioral Health	6548 E. Carondelet Dr., Suite E, Tucson, AZ 85710	Brittany Canfield, MS, MA	Doctoral Intern	520-975-9561	canfield.renewedjourney@gmail.com			30+ Collectively	Cenpatico/AHCCCS; United Healthcare	No	None
Palo Verde Behavioral Health	6548 E. Carondelet Dr., Suite E, Tucson, AZ 85710	Katie Barans, PhD, MD, LCSW	Director of Business Development	520-322-2888	Katie.Barans@uhsinc.com	Adolescents to Adults for inpatient and outpatient Behavioral Health Needs	Adolescent and adult behavioral health crisis as well as intensive outpatient programs, day programs, medication management and individual therapy	40 + Collectively	All Insurance Plans accepted	No	None
Posada Life Community Services	780 S Park Centre Aveue Green Valley, AZ 85615	Bill McCreery	Director Community Programs	520-625-2273	bmccreery@casagv.org	Senior Adults	Adult therapy	25+	Medicare	Yes	On and Off/very rare
Renewal Centers, Inc.	555 S La Canada Drive at the Risen Savior Lutheran Church Green Valley, AZ 85614	Noelle Campbell, LCSW	Licensed Clinical Social Worker	(520) 791-9974	ncampbell@renewalcenters.net	Children, adolescents, families, adults, and seniors	Trauma, depression, anxiety, parenting challenges, grief and loss, stress management, EMDR trained, and faith based counseling	10+	Aetna, BCBS, HealthNet, Medicare, United Healthcare, Meritain, Self pay	Yes. Starting at \$75	Varies. Clients should call the office to check or schedule an appointment.

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Renewal Centers, Inc.	556 S La Canada Drive at the Risen Savior Lutheran Church Green Valley, AZ 85614	Holly Brown-Sisson, LPC	Therapist	(520) 791-9974	hbrownsisson@renewalcenters.net	Adolescent girls age 15+, adults, couple and seniors.	Anxiety, Depression, Mood and Personality Disorders, PTSD, Grief and Loss, Marital and Premarital Therapy	15+	Aetna, Cigna, BCBS, Healthnet, Tricare, Meritan, United HealthCare and Self Pay.	Yes. Starting at \$75	Varies. Clients should call the office to check or schedule an appointment.
Serenity First Counseling	170 N. La Canada Dr., Suite 30C Green Valley, AZ 85614	Rachel Abel, MSW, MS	Therapist	805-750-2433	rachel@serenityfirstcounseling.com	Ages 5 and older	Child, adolescent therapy and parenting	7+	Rates to be discussed with individual therapist.	Yes	None
Serenity First Counseling	170 N. La Canada Dr., Suite 30C Green Valley, AZ 85614	Jill Fabian, LCSW, LISAC	Licensed Clinical Social Worker	520-661-6445	jill@serenityfirstcounseling.com	Individuals (12+) and seniors	Substance abuse and eating disorders	12+	OPTUM - United Healthcare, BCBS, Compsych. Out-of-Network Provider for other insurance companies.	Yes. Starting at \$75	None
Serenity First Counseling	170 N. La Canada Dr., Suite 30C Green Valley, AZ 85614	Joan M. Silver, LMFT	Licensed Marriage Family Therapist	520- 398-7272	joan@serenityfirstcounseling.com	Individuals (14+), couples and families	Relationship issues, individual, couples, and family	13+	OPTUM - United Healthcare, BCBS, CIGNA, Magellan, MHN-Tricare, Compsych, Curalin. Out-of-Network Provider for other insurance companies.	Yes. Starting at \$75	None
Shefa Life Counseling	210 W Continental Rd # 216B Green Valley, AZ 85622	Dr. Lutissua Ballard, PSY.D.	Clinical Psychologist Specialist	520-329-1579	excel@drballard.com	Children, Adolescents, Adults	Psychological testing, clinical child, adolescent and families	16	Tricare, UHC, Aetna, Medicaid, Medicare, BCBS, MHN, GEHA	Yes	2 weeks
Shefa Life Counseling	210 W Continental Rd #216B Green Valley, AZ 85622	Dr. Eva Maldonado, PSY.D.	Clinical and Forensic Psychologist	520-325-4837	drevamaldonado@gmail.com	Adults Only. IQ Assessments, Substance Abuse Assessments (diagnosis & recommendation for treatment) Immigration Psychological Consultations (Extreme hardship, VAWA, U-Visa, Asylum).	Diagnostic consultations to clarify diagnoses and provide recommendations for treatment. Legal competency evaluations. Forensic psychological consultation for attorneys.	11+	None	No	Approximately one month
Shefa Life Counseling	210 W Continental Rd #216B Green Valley, AZ 85622	Rose A. Beverly, MSC	Intern	520-329-1579	rbeverly@shefalife.org	Adults and Seniors 65+	Cognitive Behavior Therapy: Substance Abuse Domestic Violence Anger Management *Takes court appointed cases	3+	All	Yes	None
Shefa Life Counseling	210 W Continental Rd. #216B Green Valley, AZ 85622	Antonio Fernandez, LCSW	LCSW	928-533-3717	tlaloc_aif@yahoo.com	Children, Adolescents, Adults	All behavior health related NO court ordered sessions	30+	AHCCS Contact directly for Approval	Yes	1-3 weeks for initial appointment depending on caseload
Shefa Life Counseling	210 W Continental Rd #216B Green Valley, AZ 85622	Jennifer Stowell, LPC	Licensed Professional Counselor	360-908-4099	jmstowell@gmail.com	14 years and older	Childern, Adolesents, Family, Marriage	28+	BCBS One Source (Military)	Yes	None
Tucson Counseling Associates, LLC	170 N. La Canada Dr #30C Green Valley, AZ 85614	Shelly McCullough-Cruz LMSW, CCPT	Therapist and Social Worker	520-262-2170	tcashelly@gmail.com	Adults, Couples, Marriage and Veterans	Depression, Grief, Anxiety	5	None	Yes	None

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United Way/Intermountain Centers/Community Partners Incorporated	994 S. Harrison Road Tucson, AZ 85748	Kyle Lininger, MPA, BCBA, LBA	Divisional Director of Integrated Care	520-668-3912	klininger@ichd.net	Children and Adult	General Mental Health/Developmental Disabilities/Substance Use Disorders. We have over 400 employees that can provide services to residents of Sahuarita		AHCCCS, BCBS, United	Yes	None
Wellspring Counseling Services	P.O. Box 966 Sahuarita, AZ 85629	Celeste Bryson, Ph.D.	Co-Founder and CEO	520-392-7550	cbryson@wscounseling.org	Adolescents, Adults, Marriage, Family	Depression, Anxiety, life and relationship transitions, adolescents and adult crisis, behavioral health, faith-based counseling, and seminars on mental health and behavioral health.	35+ Collectively	None	Yes	None